

Dear friends,

We take pleasure in warmly welcoming you to our very first Lev High Holiday Experience!

Our dream for this program was to bring together Jews from all different backgrounds to celebrate the high holidays with melodies, mindfulness, and meaning while creating connection and community. We are so grateful that you are joining us and we hope that our time together will be just that.

We hope that this will be the first of many such experiences, and that you will come to associate Lev with the warm community that we are trying to build. We hope that you will see Lev as your spiritual home where you will find a Jewish connection that speaks to your heart and soul. And, of course, we hope that this Rosh Hashanah will reignite your spark and that you will resolve to go even deeper this year.

It is interesting to note that one of the ways that Rosh Hashanah is referred to in the Torah is simply Hayom, meaning today! If ever we see in the Torah a day referred to simply as "today," without a clear description as to what day is being referred to, we may assume that it is a reference to Rosh Hashana. This is because all renewal that happens in our life comes about because we were inspired and took some sort of action immediately. Today.... before the inspiration wears off. Today... before things "return back to normal".

Positive change happens because we recognize the power of the moment, the power of now. As a mentor of mine says, "never abandon a moment of inspiration without taking some sort of concrete action".

Rosh Hashanah is the birthday of mankind and therefore a time of renewal for every single individual. But to tap into the power of that renewal, one needs to feel a sense of urgency that there really is no more time to waste. Life isn't getting simpler, I am not getting any younger, and the world isn't getting any normaler. So why not throw some caution to the wind and really start living life in the deepest and most meaningful way possible?!

If I may share with you the final paragraph of my book "The Four Elements of an Empowered Life":

On the very first day of creation, God created a beautiful and powerful inner light and hid it inside of us. It is never extinguished. As we climb the ladder of our inner world using boundless energy, deep love, honesty, and a humble and fearless fire, we have the ability to rediscover that hidden light, impact the world with our brilliance, and reach a state of true spiritual enlightenment. But it is up to us to take that first step... today!

Once again, we thank you for joining us and look forward to every moment we get to spend together on these special days!

Rabbi Shlomo and Devorah

EREV ROSH HASHANAH Sunday, September 25th

6:30 pm	Mincha
6:42 pm	Candle Lighting
7:00 pm	Welcome and Dvar Torah - <i>Rabbi Shlomo</i>
7:15 pm	Maariv <i>led by Avromi Robinson</i>
7:45 pm	Dinner <i>D'var Torah by Jared Dunkin</i>

ROSH HASHANAH DAY 1 Monday, September 26

* indicates that this part of the service will have separate sections for men and women

Room #1:

8:30 am	Pesukei D'Zimra- Everyone on their own
9:00 am	Traditional Shacharit Service and Laining* <i>led by AJ Esral</i>
11:15 am	Shiur <i>led by Avichai Pepper</i>

Room #2:

9:30 am	Introduction and Prayers with Explanations <i>led by Rabbi Shlomo</i>
10:25 am	Class: Giving Birth to a Year of Possibility <i>led by Devorah</i>
11:15 am	Interactive Torah Reading with Teen Intros <i>led by AJ Esral</i>

Everyone Together

11:45 am	Kiddush in the Sugarloaf Room
12:15 pm	Shofar Blowing by AJ Esral <i>with introduction by Rabbi Shlomo</i>
12:45 pm	Traditional Mussaf Service (everyone together)* <i>led by Eli Spillman</i>
1:15 pm	Breakout Session <i>Wrap up with Rabbi Shlomo & Devorah</i>
2:30 pm	Lunch for Hotel Guests - <i>Dvar Torah by Avromi Robinson</i>
3:45 pm	Women's Class <i>led by Ilana Pepper</i>

ROSH HASHANAH SECOND NIGHT
Monday, September 26

6:15 pm Mincha led by Avromi Robinson
6:45 pm Dvar Torah by AJ Esral
7:15 pm Maariv Led by Aj Esral
7:45 pm Dinner
D'var Torah by Avichai Pepper

ROSH HASHANAH DAY 2
Tuesday, September 27

* indicates that this part of the service will have separate sections for men and women

Room #1

8:30 am Pesukei D'Zimra- Everyone on their own
9:00 am Traditional Shacharit Service and Laining*
led by AJ Esral
11:30 am Shiur led by Avromi Robinson

Room #2:

9:30 am Introduction and Prayers with Explanations
led by Rabbi Shlomo
10:25 am Class: Spiritual Symbolism: Laying the Foundation for a
New Year led by Devorah
11:15 am Interactive Torah Reading
led by AJ Esral

Everyone Together

11:45 am Kiddush in the Sugarloaf Room
12:15 pm Shofar Blowing led by AJ Esral
with introduction by Rabbi Shlomo
12:45 pm Traditional Mussaf Service (everyone together)*
led by Eli Spillman
1:15 pm Breakout Session
Wrap up with Rabbi Shlomo & Devorah
2:30 pm Lunch for Hotel Guests - Dvar Torah by Aaron Levitats

ROSH HASHANAH END OF YOM TOV

5:30 pm Mincha led by Avromi Robinson
6:00 pm Kumzits Melodies , Refreshments, Discussion
7:15 pm Maariv

MELODIES
MINDFULNESS
AND meaning
A LEV High Holiday Experience

ROSH HASHANAH
PROGRAM

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